CHECKLIST

Your unpackaged shopping checklist

- [ ] Choose a quiet time for your first request
- [ ] Bring a visibly clean container with the lid off or loose
- [ ] Speak as the server asks for your order, before wrapping begins
- [ ] Hold the container where the server can see it
- [ ] Remove old labels so there is no confusion about allergens
- [ ] Ask whether the shop can weigh your container empty first
- [ ] Thank staff when they accept your container
- [ ] Accept a refusal calmly and ask if you can hold the container yourself
- [ ] Return to the same counter so staff recognise you on future visits