



CHECKLIST

Zero waste lunch packing checklist

- ☐ Choose three containers that suit your usual lunch

- ☐ Pack a cloth napkin for wiping hands and wrapping leftovers

- ☐ Add reusable cutlery if needed

- ☐ Use an insulated bag for anything that must stay cool

- ☐ Rinse containers immediately after eating

- ☐ Wash with hot water and washing-up liquid at home

- ☐ Dry containers completely before stacking them

- ☐ Soak anything with lingering smells in bicarbonate of soda overnight

- ☐ Bring all containers and wraps home at the end of each day
